

TIMBER GREENS

RISE & SHINE

CHIA POT (V, GF0)	9.5
YOGHURT + GRANOLA POT	8
HAM & CHEESE CROSSIANT	13
TOMATO & CHEESE TOASTIE	10.5
CHEESE TOASTIE	9
CROSSIANT	7

LUNCH BREAK

BETWEEN 2 SLICES

POACHED CHICKEN SANDWICH	18
RUEBEN SANDWICH	17.5
HALLOUMI SANDWICH	17
BACON & EGG ROLL	14.5
EGG & GREENS ROLL	14

LETTUCE FEED YOU

PLEASE VIEW OUR FRIDGE FOR
TODAY'S SALAD OPTIONS

BLENDED GOODNESS 12

AMAZONIAN	banana, blueberry, raspberry, acai
BAHAMA	mango, banana, passionfruit, pineapple
EVERGREEN	mango, pineapple, kiwi, kale
POWER PROTEIN	dates, banana, oats, coconut, pea protein
STRAWBERRY KISS	strawberry, banana, dragonfruit, dates

SWEET STUFF

BANANA BREAD	6.5
COOKIE	5.7
FOD BOD BARS	5.5
RIDICULOUSLY DELICIOUS BAR	5.5

YOU BAKE MY DAY

PLEASE VIEW OUR DISPLAY FOR
TODAY'S OTHER OPTIONS

PROUDLY PARTNERING WITH



superkick



Food items may contain traces of allergens. Please alert staff to any allergies before ordering.

HAPPY HOUR

12:30PM -
1:30PM DAILY

\$3

COFFEE

COFFEE WITH MILK
LONG BLACK
TEAS

\$4

NOT COFFEE

CHAI
MATCHA
HOT CHOC

\$4.5

ICED DRINKS

ICED COFFEES
ICED MATCHA
ICED MOCHA